



Louisiana Youth Football (LYF) is a non-profit community organization formed to provide inner city youth with a positive alternative to the streets. LYF has started its' initiatives to improve the quality of life by enhancing the quality of the Junior Tackle Football program offered to the East Baton Rouge Parish & surrounding communities. LYF is the largest independent youth football program in Louisiana and one of the premier youth football programs in the Gulf South. In 2009, we had 71 registered teams, over 2500 registered Student-Athletes (football players & cheerleaders/dancers, ages 5-13), and approximately 350 volunteers in our Fall Junior Tackle Football program.

Louisiana Youth Football provides Spring football programs for youth ages 12-18 through the NFL & the New Orleans Saints. The programs are called the NFL Junior Player Development (JPD) and the NFL High School Player Development (HSPD). These programs were developed to provide a template for high school football programs, as well as additional access to youth tackle football. The programs integrate on-field skills development with life skills and character development. As they plan for future high school & college interscholastic activities, participants receive instruction from selected coaches, as well as counseling that focuses around life skills.

Youth have limited access and opportunities to participate in effective programs to keep them "off the streets" and eliminating idle time consumed in negative behavior. Through getting adolescents involved in athletics, we have provided not only an outlet for recreation, but also an outlet for leadership. Athletics provide young people a positive opportunity to get involved, be part of a team, and build their self-esteem, character, & futures. History shows that the majority of youth look at their coaches and other athletes as role models. You, as a Role Model, have a unique opportunity to present a positive message to deter the negative behaviors (crime, drugs, teen pregnancy, etc.) that are destroying our youth and neighborhoods.

In the Spring/Summer 2009, Louisiana Youth Football introduced "Louisiana ELITE 7-on-7" (LE7). Louisiana ELITE 7-on-7 (LE7) a program designed to incorporate the normal Spring/Summer High School routine of offensive skills drills through 7 on 7 competitions into a structured league concept. Louisiana ELITE 7-on-7 provided an organized program with the highest (ELITE) level of competition, to eliminate the hassle of scheduling, and to improve the overall quality of Summer 7 on 7s. LE7 also incorporated the NFL High School Player Development Program (Character Development Curriculum) and NFL 7-on-7 Regional & National Tournaments, which Louisiana Youth Football currently offers. Challenge your veterans and prepare your young, make your team "ELITE"!!! Help us help you. LE7 will be ruled and governed by member teams.

We need your support to help us provide these positive outlets for our youth. We would be grateful if you could join us in keeping our youth in positive programs as an alternative to the negative social ills. Your cooperation is appreciated and we look forward to working with you.

"Great things are not done by impulse, but by a series of small things brought together."
- Vincent Van Gogh

LOUISIANA ELITE 7-ON-7



NFL HIGH SCHOOL PLAYER DEVELOPMENT: OVERVIEW

Program is comprised of character development & fundamental skill development by position, reviews and individual competitions (for 10 total hours of programming). The complete program is run over the course of one week (two hours per day).

CHARACTER DEVELOPMENT IS COMPRISED OF:

- Preparing for standardized tests
- Maintaining G.P.A.
- Preparing for life after school
- Character development modules
- Use of student planner

NFL HIGH SCHOOL PLAYER DEVELOPMENT: CHARACTER DEVELOPMENT CURRICULUM

It is not always easy balancing school and football. The following topics are covered in our HSPD Student Planner as well as discussed in small group sessions during camp.

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| • Setting Goals | • Values |
| • Preparing for Today | • Sportsmanship |
| • Time Management | • Active Citizenship |
| • Ethics | • Discipline |
| • Decision Making | • Self-Health |
| • Communication | • Responsibility |
| • Teamwork | • Attitude, Image and Motivation |

NFL 7-ON-7 REGIONAL & NATIONAL TOURNAMENTS: TOURNAMENT OVERVIEW

OVERVIEW

- The NFL 7-on-7 Regional & National Tournaments are non-contact football tournaments for high school students/teams.
- The program attracts gifted high school athletes who compete in regional tournaments in June for the chance to represent an NFL market (New Orleans Saints) in the two-day national championship in July.

WWW.LOUISIANAELITE7ON7.COM